



Building Powerful Women-Professionally, Politically, Personally *

July	Political	<ul style="list-style-type: none"> Independence Day – celebrate women’s independence – host a pay equity event! Apply for “Vote in Honor of a Veteran” with the NC State Board of Elections. http://www.ncsbe.gov/ncsbe/vote-for-a-vet.
	Professional	<ul style="list-style-type: none"> Review your Employee policy manual to see if there are ways to improve work-life balance and/or flexibility. Use the Successful Workplaces Digest as a resource. http://tinyurl.com/kjay277 114 pages of short, concise summaries of how Corporations, Foundations and Councils work with their employees to create successful work places What’s your Value Statement? i.e. What you will or won’t do to get where you want to go. Find food for thought at : http://jessicagdean.wordpress.com/about-2/personal-values-statement/ and http://humanresources.about.com/gi/o.htm?zi=1/XJ&zTi=1&sdn=humanresources&cdn=money&tm=37&f=10&tt=65&bt=1&bts=1&zu=http%3A//www.stevepavlina.com/articles/list-of-values.htm Attend the WEPA Conference
August	Political	<ul style="list-style-type: none"> Attend Ratify ERA –NC Raleigh on Saturday, August 2- Details to Follow. Women’s Equality Day August 26th. Celebrate equity for women in the workplace Appreciate diversity in the workplace – Share the diversity promising practices in the Successful Workplaces Digest with your employer Host or Attend a Women’s Agenda Assembly. See http://NCWU.org for more information.
	Personal	<ul style="list-style-type: none"> World Breastfeeding Week – educate the public on the importance of breastfeeding, including employers to avoid discrimination.
	Professional	<ul style="list-style-type: none"> Have a book discussion: (Forget a Mentor) FIND A SPONSOR. <i>The New Way to Fast Track Your Career</i> by Author SYLVIA ANN HEWLETT Who’s pulling for you? Who’s got your back? Who’s putting your hat in the ring? Odds are this person is not a mentor but a sponsor. Mentors can build your self-esteem and provide a sounding board - but they’re not your ticket to the top. http://www.sylviaannhewlett.com/find-a-sponsor.html
September	Political	<ul style="list-style-type: none"> Absentee voting begins for the November General Elections- Poll your members and friends to be sure their voter registration is up to date. Hold a program about the changes in Voter Laws to help your community stay informed. A day on the hill. We Are Women Constitution Day Rally, Washington DC- Sept 12-13
	Personal	<ul style="list-style-type: none"> Back to School – blog about the tradition of this time of year; encourage college students to become bloggers to increase the voice of women in the blogosphere and encourage members to write blogs on the BPW/NC webpage. Every BPW member can add to our website blog....it’s easy, give it a try! Looking for a way to learn something new or brush up a skill. Register for an online course through the USA Foundation and Ed2go. Affordable, Six week courses start frequently at http://www.ed2go.com/bpwfdn/ Labor Day – celebrate the American woman worker by promoting BPW Career Center



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<p>September <i>continued</i></p>	<p>Professional</p>	<ul style="list-style-type: none"> • Host a program on helping employers create successful workplaces and use BPW Foundation's Successful Workplace Digest and other research. http://tinyurl.com/kjay277 .This is 114 pages of short, concise summaries of how Corporations, Foundations and Councils work with their employees to create successful work places- some in NC • What's your Value Statement? i.e. What you will or won't do to get where you want to go. Food for thought at : http://jessicagdean.wordpress.com/about-2/personal-values-statement/ and http://humanresources.about.com/gi/o.htm?zi=1/XJ&zTi=1&sdn=humanresources&cdn=money&tm=37&f=10&tt=65&bt=1&bts=1&zu=http%3A/www.stevpavlina.com/articles/list-of-values.htm
<p>October</p>	<p>Personal</p>	<ul style="list-style-type: none"> • Breast Cancer Awareness Month • Celebrate the WJF Anniversary - Connect-A-Vet in your community to the services they need through the http://www.womenjoiningforces.org Connect-A-Vet clearinghouse. • Visit the BPW Foundation's Rawalt On-line Resource Center and find great discussion starters and statistics for community meetings
	<p>Professional</p>	<ul style="list-style-type: none"> • National Business Women's Week (NBWW) • Career Woman of the Year • Recognize an Employer of the Year, if applicable. • Domestic Violence Awareness Month- Consider a community Clothesline Project. See http://www.clotheslineproject.org/
<p>November</p>	<p>Political</p>	<ul style="list-style-type: none"> • Veterans' Day – Get the word out to women veterans on WJF resources! • Submit a guest post to www.youngwomenmisbehavin.org on the importance of women in politics • Election Day –Emphasize the importance of voting at ALL levels and being registered to vote • Encourage women to participate in local and state politics
	<p>Professional</p>	<ul style="list-style-type: none"> • Have a discussion: Find Your Courage: 12 Acts for Becoming Fearless at Work and in Life by Margie Warrell (Author) http://margiewarrell.com/about-find-your-courage/ and for Discussion questions for a book club link http://margiewarrell.com/wp-content/uploads/Find-Your-Courage-Book-Club-Discussion-Questions.pdf
<p>December</p>	<p>Personal</p>	<ul style="list-style-type: none"> • World AIDS Day – recognize this day by encouraging women to be tested for HIV as part of their routine screenings • Consider annual giving to BPW Foundation – donate this month for your prior year deduction! • Holiday New Member Outreach • Harness your holiday spirit - organize a community support or service event!



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January	Personal	<ul style="list-style-type: none"> • Celebrate Martin Luther King Day with an assessment of diversity in your legacy group and workplace – reach out to new groups! • Participate in the National Day of Service- organize or participate in a service project to help members of your community • Work with a local elementary or middle school to conduct a “Reality Store™” – your local credit union may be interested in co-sponsoring.
	Professional	<ul style="list-style-type: none"> • Build Better Negotiating Skills - Host an Individual Development Workshop- Ask about using the Negotiation Module from the BPW ID Program for BATNA refer to: http://www.beyondintractability.org/essay/batna (Best Alternative to a Negotiated Agreement • Plan/Hold your Young Careerist Program and competition.
February	Personal	<ul style="list-style-type: none"> • BPW Foundation Month – Make a special donation to support Research & Programming • American Heart Month – Educate women on the importance of heart health. Visit www.goredforwomen.org for tips and tools. Hold a Go Red for Women Event in your area.
	Professional	<ul style="list-style-type: none"> • Attend the WEE Event- Place and Date TBD
	Political	<ul style="list-style-type: none"> • Check with your local Board of Elections about upcoming elections
March	Personal	<ul style="list-style-type: none"> • Women’s History Month – Celebrate Misbehavin’ Women in your life and/or community who are impacting the future. • National Osteoporosis Awareness and Prevention Month – Promote the importance of bone density for women at all ages
	Political	<ul style="list-style-type: none"> • Lobby Day –have your voice heard! Watch for information from NC Women United
	Professional	<ul style="list-style-type: none"> • Develop your Personal Mission Statement for Life- see this free website to build your Personal Mission Statement to help clarify what you want out of life...advance your career, earn more money, and get inspired. http://www.nightingale.com/personal-mission-statement/ • Celebrate spring by becoming a mentor! Visit BPWFoundation Joining Forces Mentoring Plus to learn how you can help. http://www.joiningforcesmentoringplus.org/



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April	Political	<ul style="list-style-type: none"> Equal Pay Day – Host an Unhappy Hour! Find the Equal Pay Day Tool Kit at : http://bpwfoundation.org/index.php/contact/info/equal_pay_day
	Professional	<ul style="list-style-type: none"> Host a Networking event- Invite all your contacts to share the invitation. Learn more about how to Network to grow your contacts and confidence in meeting new people. Ask about the Networking Module of the BPW ID Program- Define and Shine, Networking for Life Partner with an area AAUW to conduct \$tart \$mart for college women.
	Personal	<ul style="list-style-type: none"> Complete your Club entries for Awards presented at State Convention Celebrate Earth Day using Green For Women resources from BPW Foundation Step into a leadership position at your BPW...It's great training and a safe place to practice your skills
May	Political	<ul style="list-style-type: none"> Memorial Day & Armed Forces Day – organize a special event to honor women veterans! Participate in local and state Primary Elections.
	Personal	<ul style="list-style-type: none"> Officer Installations Green your office/home by instituting simple policies to recycle and cut waste
	Professional	<ul style="list-style-type: none"> Who's looking at your presentation? How to approach the boss or CEO with your presentation. http://blog.slideshare.net/2012/08/14/5-tips-for-presenting-to-executives/
June	Personal	<ul style="list-style-type: none"> Home Safety Month – Contact the local American Red Cross or Fire Department to discuss family safety tips (first aid, disaster, poison)
	Professional	<ul style="list-style-type: none"> Participate in your State Convention! Officer Installations

$$E^2 + P + T = BPW/NC$$

*Formula for Success- Empowered, Enlightened with Purpose and Teamwork